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## INTRODUCTION

The first meeting of "How to Make Good Parents Project" was held in Yozgat, TURKEY between the dates of 09<sup>th</sup> & 12<sup>th</sup> November 2009. This was the first mobility action within the project. It gave all participants a chance to meet and to know each other better. The meeting, cultural and social activities were of great importance and beneficial for each of the participants.

### THE PARTICIPANTS

The activities were carried out in the attendance of seven Turkish, six Romanian, two Italian, two Irish and one Portuguese participants. It was crucial. In total, 18 participants participated in the activities. The names of the participants are;



NURETTIN ÖZDEMIR TURKEY



YASİN AKYOL TURKEY



BURÇİN ERGEN TURKEY



KADER AKSU TURKEY



FATİH AŞKIN TURKEY



FEVZİ GÜMÜŞ TURKEY









ENVER TUFANER TURKEY

SUSANA BARROSO POTUGAL DOROTHY BRISLANE IRELAND

LIZ FLANNERY IRELAND



ELENA ROMANO ITALY



CHIARA SANTASEIRO ITALY



ALINA MUNTEANU ROMANIA



IOANA SANDRU ROMANIA



DANIELA V. SANDRU ROMANIA



CARMEN GAVRILESCU ROMANIA



CARMEN BLENDIA ROMANIA



POPA SEVER ROMANIA

## ACTIVITY PLAN



Dear guests,

Welcome to Yozgat. Let me give you some information about this lovely small city.

Yozgat boasts a rich and varied culture. It is home to a beautiful nature, local specialties and historical edifices dating from the Hittites to the Ottomans. Situated in the heart of Anatolia, it has a range of cultural wealth, including mouth-watering cuisine, original folk songs that pull on the hearth of strings, and the promise of interesting journeys full of history.

Yozgat is a small city in the Central Anatolia Region, covering an area of 14,037 km2, at an altitude of 1300 m above sea-level. It has a continental climate. July and August are the hottest months. The region's lands were home to many civilisations such as the Hittites, the Phrygian State, Cimmerian State, the Persians, Alexander the Great, the Roman and the Byzantine Empires, Anatolian Seljuk State, and the Ottoman Empire.

No need to tell you more!!! As you will have enough time to get more information about this lovely city while walking in its streets and enjoying the great atmosphere.

Let us have a look at the activity plan which has been prepared to serve the best for your taste and comfort.

#### <u>09.11.2009</u>

Arrival at the airport – to the Hotel



#### <u>10.11.2009</u>

08:00 Breakfast at the Hotel 09.00 Start of Introductory Meeting 13.15 City Tour - Visiting Yozgat Public Education Centre - Lunch Time - A Visit to Çamlık (1) (Turkish Coffee) - Yozgat Museum & Hayri İnal Mansion (2) - Çapanoğlu Mosque (3) - Clock Tower (4) - Lise Street (Shop till you drop!!) - Yozgat Kent Park 20:00 Back to the Hotel 21:00 Dinner (Desti Kebab)

#### <u>11.11.2009</u>

08:00 Breakfast at the Hotel 09.00 Introductory Meeting 12.30 Lunch 13:30 Setting out for Kerkenes Ruins (5) 18:30 Hamam (Turkish Baths) (6) 20:15 Back to the Hotel 21:30 Dinner

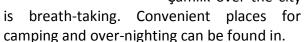
12.11.2009 Leave to the Airport & Farewell

#### 1. ÇAMLIK



Çamlık is the first national park of Turkey. It is approximately 5 km away from the city centre

on the hills that stretch to the South. Having a look from Çamlık over the city



#### 2. YOZGAT ETHNOGRAPHICAL MUSEUM & HAYRİ İNAL MANSION

This museum was once used as a mansion which belonged to Nizamoğlu family. It has wooden floors and walls. Opened to visitors as a museum in 1871, the mansion today houses a large amount of ethnographical artifacts and varied examples of carpentry and paintings. The paintings on



display in the museum include figures and events that are sacred to different religions; therefore, the mansion has been made into an attractive centre.

#### 3. ÇAPANOĞLU MOSQUE

The mosque, which was built in the year 1779 by Çapanoğlu Mustafa Bey, was enlarged by his brother Süleyman Bey in 1794-1795. It has two parts named as inner mosque and outer mosque. The inner part is made up of white cut stones while the outer part is of Brown



and

burgundy cut Stones. The colourful motifs decorating the domes increase the visual ad artistic quality of the mosque.

#### **4. YOZGAT CLOCK TOWER**

The Clock Tower in the centre of Yozgat was constructed in a square prism-like shape in 1897. It is divided into six levels by string courses. Topped by a cone like belfry, its upper side is surrounded by a balcony. It weighs about 250 kg and chimes every half hour.

#### **5. KERKENES RUINS**

The ruins of Kerkenes, where excavations and surface explorations are ongoing, are found within the village of Şahmuratlı in the district of Sorgun enclosed in a 7km long rampart wall with seven entrances. It is



believed that the castle in this settlement belongs to Hittites period.

#### 6. HAMAM (SPA CENTRES)



Yozgat is a fascinating city which is famous for its springs, Turkish baths and spa centres. Scientific analysis have shown that the spring water is effective in the treatment of many illnesses such as; rheumatic pains, arthritis, stiffening of the joints and hips, hernias, female complaints,

severe pains, severe colitis, liver and gall stones and skin complaints.

#### **ACCOMMODATION**

You are going to stay in YOZGAT ANATOLIAN TOURISM & HOTEL MANAGEMENT VOCATIONAL SECONDARY SCHOOL. It is 21 km outside the city centre. You will travel on a minibus which will be rented for you during your stay.

### MEETING AGENDA & MINUTES

- 1. Meeting preparations,
- **2.** Opening of the meeting
- **3.** Introducing the participating institutions, participants, and understanding the structure of the institutions,
- **4.** Presentation of the project, giving detailed information about the activities to be done and the aims of the project,
- **5.** Revising the application form according to the new partnership, the aims of the project, the mobility plans and the basic activities of the project,
- 6. Sharing the new responsibilities,
- **7.** Determining the exact dates of the planned activities; such as mobility actions and other project assessment meetings,
- 8. Presenting detailed information about parenting in TURKEY,
- 9. Presentation of HTMGP Website, ning and HTMGP mail group,
- **10.** Evaluating the meeting by the partner organizations.

AGENDA ITEM	INFORMATION
1	Before the participants arrive in Turkey, a DAILY EXPRESSION CHART was prepared with the contribution of all partners. This chart consists of some daily expressions which will help all participants to communicate in the mother tongue of the host institution during mobilities. The chart can be found at page 11.
2	The meeting was started and chaired by Nurettin ÖZDEMİR. One participant from Portugal, two from Ireland and Italy, six from Romania and seven from Turkey attended the first kick-off meeting. It was crucial for everyone to benefit from the meeting at maximum level.
3	All participants gave a brief presentation of themselves and their institutions. The presentations can be found in the webpage, <u>www.makegoodparents.com</u> . The meeting agenda was announced to all partners.
4	The general and specific objectives of the project were revised. It was useful for all participants to have a quick look on the aims and objectives of the partnership.



Because of the reduction in the number of the partners, it was necessary to revise the application form according to the new partnership. It was agreed to change some of the parts. The changes are as follows;

#### (Part 3 – Partners)

Know and Can Association from Bulgaria, Cultural Center of European Initiatives from Spain, and DIMOS STAVROUPOLIS – KOINONIKES YPHRESIES – KENTRO PLIROFORISIS NEON from Greece were not granted for this partnership. The information about these partners was removed from the application form.

#### (Part 5 – 5.4 Partnership & Distribution of Tasks)

The new tasks were also revised. It is explained in detail in Agenda Item 6 at page 8.

#### (Part 6 – Proposed Activity Data)

#### 5

6

At the end of this part of the application form you can see a mobility plan. However, because of the reduction in the number of the partners, we also had to change the dates, the hosting & sending schools. It is explained in details in Agenda Item 7 at page 9.

We had planned in the application form to translate the meeting reports and the evaluation reports into the languages of the partners. It was agreed in the meeting that all partners had better translate only some important parts in their mother language instead of translating the whole document.

The work programme in part **(6.1)**, Number of the Pupils and Staff involved in the Partnership in part **(6.2)** and Expected Results in part **(6.3)** were changed according to the new partnership. The changes made are highlighted in the application form to be sent to all partners.

It was decided that the original application document will be edited and re-distributed by email by the coordinator.

During the meeting it was also discussed that we should share some of the responsibilities. We revised the common and specific tasks as mentioned in the application form. In addition to these tasks;

- Each institution will create a Project Implementation Team and send the details of the team to the coordinator,
- It was decided to create WORK PACKAGES, which will show us what to do and when. Each work package will consist of tasks to be done in the following months. This package will help each partner assess the success of the previous activities. The first work package was established. (See page 13),
  - Yozgat Adult Education Centre will prepare work packages and distribute it among partners,
  - Each partner will gather some information and prepare a presentation about parenting classes in each country,
- Each partner will help the coordinator in the design and preparation of the LOGO of the partnership.

The meeting dates and destinations were fixed as follows;

7	The first meeting was held in Yozgat, Turkey in the attendance of at least one representative from each institution. The 2 <sup>nd</sup> meeting will be held in <b>May, 2010</b> in <b>Italy</b> , The 3 <sup>rd</sup> meeting will be held in <b>October, 2010</b> in <b>Portugal</b> , The 4 <sup>th</sup> meeting will be held in <b>March, 2011</b> in <b>Romania</b> , The final meeting will be held in <b>July, 2011</b> in <b>Ireland</b> . The mobility actions of the learners and the project meetings will be held in the same period. It was agreed that each mobility will last 4 or 5 days; one day for arrival, 3 work days and the last day for departures.
8	During the meeting and the visit to Yozgat Adult Education Centre some information about the parents, parenting classes provided at the centre, and the curriculum of the subject at different levels. The participants also visited some of the parenting classes and met both the learners and the teachers. It gave all an idea about the parenting classes in Turkey. In the second meeting everyone will prepare a detailed presentation about parenting classes and training in each country.
9	The participants had the opportunity to see the official project website (www.makegoodparents.com). The webpage is now active. This webpage will be used as an effective tool in order to obtain communication among participants, project coordinators and the project team members. The webpage will be in one language, which is English but some useful documents will be translated into the mother tongue of the partners. <b>Fevzi GÜMÜŞ</b> from Turkey will be responsible for the management of this webpage. In order to provide a fast communication, we created a yahoo group named as <a href="https://www.makegoodparents@yahoogroups.com">https://www.makegoodparents@yahoogroups.com</a> . A membership e-mail was sent to all participants, including the managing and teaching staff and the learners. We will add new learners in this mailing list so that all participants will be encouraged to use this e-mail group as the main communication tool. Another e-tool that will be used in the partnership will be <a href="https://pro-htmgp.ning.com">https://pro-htmgp.ning.com</a> , which was created by the coordinator from Turkey. This tool is going to be used by the project team members as it asks for a special username and a password. A private invitation will be sent to all members for registration. Anyone who does not have an invitation will not be able to benefit from this e-tool.
10	The Meeting was briefly summarised. It was agreed by everybody that the goals for the initial meeting had been fulfilled. All proposed activities and products were discussed and determined. The HTMGP Initial Meeting draft minutes will be produced within three weeks and presented to the comments of all partners by the coordinator. The revised application form will be sent to all partners within three weeks as well by the coordinator. The feeling of the participants about the meeting, the social and cultural activities held in the organization of Yozgat Adult Education Centre was positive. Everybody got the chance to express their feelings and ideas. The general idea was that this meeting was a good start on our way to achieve our goals proposed in the application form.



# How to Make Good Parents? DAILY EXPRESSIONS CHART



ENGLISH	TURKISH	BULGARIAN	PORTUGUESE
Good morning	Günaydın	Dobro utro	Bom dia!
Hello	Merhaba	Zdravei	Olá!
How are you?	Nasılsınız?	Kak si ?	Como está?
Fine	İyi	Dobre	Bem!
Have a good day.	İyi günler	Priyaten den	Tenha um bom dia!
Goodnight	İyi geceler	Leka nosht	Boa noite!
Name	İsim	Ime	Nome
What is the time?	Saat kaç?	Kolko e chasa?	Que horas são?
How much?	Ne kadar?	Kolko ?	Quanto?
Where is?	nerede?	Kade e?	Onde fica?
How do you say in?	de nasıl dersiniz?	Kak shte Kajesh na?	Como se diz?
Do you speak?	konuşabiliyor musunuz?	Govorish li?	Fala?
See you soon	Daha sonra görüşürüz	Shte se vidim skoro	Até breve!
Here you are	Buyrun	Zapovyadai	Aqui tem!
Beautiful	Güzel	Krasiv	Bonito(a)! or Lindo(a)!
What is your name?	Adınız nedir?	Kak se kazvash?	Como se chama?
Have a nice meal.	Afiyet olsun.	Priyatno yadene	Bom apetite!
What is your surname?	Soyadınız nedir?	Kak e familiyata ti?	Qual é o seu apelido?
How can I go to?	ya nasıl gidebilirim?	Kak da otida do?	Como posso ir a?



# How to Make Good Parents? DAILY EXPRESSIONS CHART



ENGLISH	ROMANIAN	ITALIAN
Good morning	Bună dimineața	Buon giorno
Hello	Bună	Salve / ciao
How are you?	Ce mai faci?	Come stai?
Fine	Bine	Bene grazie.
Have a good day.	O zi bună	Buona giornata.
Goodnight	Noapte bună	Buona notte
Name	Nume	Nome
What is the time?	Cât este ceasul?	Che ore sono?
How much?	Cât de mult?/ Cât costă?	Quanto costa?
Where is?	Unde este?	Dov'è?
How do you say in?	Cum spui asta în?	Come si dice?
Do you speak?	Vorbești?	Parli?
See you soon	Ne vedem în curând	Ci vediamo presto
Here you are	Aici erai	Eccoti qui
Beautiful	Frumos	Bello
What is your name?	Cum te cheamă?	Come ti chiami?
Have a nice meal.	Poftă bună	Buon appetito
What is your surname?	Care este numele tău de familie?	Qual'è il tuo cognome?
How can I go to?	Cum pot să merg la?	Come posso andare a?

# HOW TO MAKE GOOD PARENTS?

## WORK PACKAGE



for 5 months

#### **AUGUST 2009**

Preparing a presentation of the organization in its internal functioning and its partnership,
Presenting the profiles and characteristics of the target groups,

#### SEPTEMBER 2009

Project presentations in the each partner institution and to the public,
Setting up project teams,
Designing a form in order to collect contact data of each team members and sending it to each partner,
Defining the general responsibilities for partners and team members
Developing the on-line communication network between the partners (chat, email etc)
Planning the first meeting date among the partners.

#### OCTOBER 2009

FIRST PROJECT MEETING
Elaboration of the educational tools,
Organizing workshops,
Presenting detailed information about parenting in TURKEY,
Observation of activities,
Organizing the budget and the activities for the next 3 months,
Defining the responsibilities for every partner for the next 3 months,
Share experiences and good practices about parent education,
Share experiences and good practices about parent education,
Cultural visits in TURKEY,
Evaluating the meeting by the partner organizations,
Creation of problem analysis paper.

#### **NOVEMBER – DECEMBER 2009**

Report of the first follow up and evaluation meeting,
Sending the first meeting report in English to the partner organizations,
Disseminating the knowledge acquired in the first meeting to the local community,
Preparation of the first NEWSLETTER.

## PHOTOS from ACTIVITIES



A Short City Tour in ANKARA



**Meeting Place & Hotel** 



**Traditional Turkish Kitchen & Dishes** 



Visiting Yozgat Adult Education Centre



Hayri İnal Mansion



City Tour (ÇAMLIK)







Traditional Turkish Food (Çiğ Köfte)



**Meeting Minutes** 



A visit To Eco Village (Solar Cooker-Kerkenes)



**Certification Ceremony** 



**Certification Ceremony** 

