

Timetable

Saturday 21st March 2009 – Day of Arrivals

20:00 – 20:30: Welcome (Antionette Vassallo, Mayor, Ta'Xbiex Local Council)
 20:30 – 21:30: Programme Presentation (Anthony Cachia Castelletti, Councilor, Ta'Xbiex)
 21:30 – 22:00: Launch of the Secret friend; Launch of the Mailbox;
 22:00 - Welcome Party

Sunday 22nd March 2009

08:00 – 09:00: Breakfast
 09:00 – 10:30: Energiser, Ice breaking games, name game, getting to know each other
 11:00 – 12:30: The Laundry exercise
 12:30 – 13:00: Free time
 13:00 – 14:00: Lunch
 14:30 – 17:30: Orientation – Sight-Seeing bus tour
 18:00 – 18:30: Leaders Meeting / reflection groups
 19:00 – 20:00: Dinner
 21:00 – 23:00: Intercultural Night No.1

Type of Activity	Method	Outcome
Icebreaker/Energisers/Group Dynamics	We draw Europe	Creating a shared product, getting to know the participants
	Alphabet Mapping	Icebreaker – to get to know names of participants
	European Salad	Energiser / Icebreaker – to get to know each other
Group Building Activity	The Laundry Exercise	To allow participants to review their expectations related to the training course in terms of hopes and fears in a nice, creative way 2. To make them known to the other members of the group

Monday 23rd March 2009

08:00 – 09:00: breakfast
 09:00 – 09:30: Energiser
 09:30 – 12:30: Workshop – The Desert Island
 12:30 – 13:00: Free time
 13:00 – 14:00: Lunch
 14:30 – 16:00: Plenary – Youth voice in civil society dialogue (guest: KNZ and other NGO's)
 16:30 – 18:30: Workshop – The importance of feeling valued
 18:30 – 19:00: Leaders meeting / Reflection groups
 19:00 – 20:00: Dinner
 21:00 – 23:00: Intercultural Night No.2

Type of Activity	Method	Outcome
Energisers/Group Dynamics	Find your Match	Morning Energiser aimed to get to know each other better and to have some fun
Workshop	The Desert Island	Versatile activity that allows young people to develop a vision of the principle of building a society, while training the skills of social interaction with different social groups. In this dynamic will be addressed values and the rights to be respected in the society, so the European citizenship and equal opportunities are based.
Workshop	The importance of feeling valued	It is important for young people's self-esteem to feel valued by the people they care about, and by themselves. A lack of this can lead to frustration and aggressive behavior. This workshop is devised as an introduction to building self worth.

Tuesday 24th March 2009

08:00 – 09:00: breakfast
 09:00 – 09:30: transfer to Valletta
 10:00 – 13:00: Activity - Treasure hunt (lets participants explore Valletta)
 13:00 – 13:30: Lunch (packed lunch)
 13:30 – 14:30: Visit to EUPA building (Short Presentation of Youth Programme by National Agency)
 14:30 – 16:30: Free time
 16:30 – 17:00: transfer to Ta'Xbiex
 17:00 – 18:30: Presentation – The role of youth in a civil society (Local NGO's will make presentation about their work in the society)
 18:30 – 19:00: transfer to hotel
 19:00 – 20:00: Dinner
 21:00 – 23:00: Intercultural Night No3

Type of Activity	Method	Outcome
Activity / Team Building	Treasure hunt	To become acquainted with the place (culture), to have some fun (team building) and to educate the participants

Wednesday 25th March 2009

08:00 – 09:00: breakfast
 09:00 – 09:30: Energiser
 09:30 – 12:30: Workshop – The link between us
 12:30 – 13:00: Free Time
 13:00 – 14:00: Lunch
 14:00 – 15:00: Exercise – Sea of emotions (Mid- Evaluation)
 15:15 – 18:00: workshop – Joharis Window
 18:30 – 19:00: Leaders Meeting / reflection groups
 19:00 – 20:00: Dinner
 21:00 – 23:00: Intercultural Night No4

Type of Activity	Method	Outcome
Energisers/Group Dynamics	Rush Hour	Morning Energiser aimed to have some fun
Workshop	The Link between us	Aims in bringing young people to reflect on the multiplicity of links between the various countries participating in the youth exchange.
Exercise	Sea of emotions	Putting a thermometer in the group to see how they feel about the training event.
Workshop	Joharis window	To examine how we interact with various people and groups with which we come into contact in our lives

Thursday 26th March 2009

08:00 – 09:00: breakfast
 09:00 – 10:30: transfer to Gozo (by ferry)
 11:00 – 13:30: Visit Victoria & Cittadella
 13:00 – 14:00: Lunch (packed lunch)
 14:00 – 17:30: Gozo bus tour – stopping at Dwejra, Xlendi, Malsalforn, Ramla il-Hamra
 17:30 – 19:00: transfer to hotel
 19:00 – 20:00: Dinner
 21:00 – 23:00: Intercultural Night No5

Friday 27th March 2009

08:00 – 09:00: breakfast
 09:00 – 09:30: Energiser
 09:30 – 12:30: Workshop – Collage
 12:30 – 13:00: Free Time
 13:00 – 14:00: Lunch
 14:30 – 18:00: Activity – Water games - Olympics
 18:30 – 19:00: Leaders Meeting / reflection groups
 19:00 – 20:00: Dinner
 21:00 – 23:00: Intercultural Night No6

Type of Activity	Method	Outcome
Energisers/Group Dynamics	Relay	Morning Energiser aimed to have some fun
Workshop	Collage	To identify motivation factors, provide tools for motivating young people
Activity	Water Games - Olympics	To have some fun by means of water games

Saturday 28th March 2009

08:00 – 09:00: breakfast
 09:00 – 09:30: Energiser
 09:30 – 12:30: Workshop – The opportunities are for all
 12:30 – 13:00: Free Time
 13:00 – 14:00: Lunch
 14:30 – 17:00: Workshop – Build your own civil society
 17:00 – 18:00: Final Evaluation
 18:00 – 19:30: Activity – Award Ceremony
 19:30 – 20:30: Dinner
 21:00 – 23:00: Farewell Party

Type of Activity	Method	Outcome
Energisers/Group Dynamics	Musical chairs	Morning Energiser aimed to have some fun
Workshop	The opportunities are for all	Activity that seeks to bring into discussion the issue of equal opportunities on a challenging way, encouraging young people to form a critic view, listening to different arguments
Workshop	Build your own civil society	Aims to be the culmination of the entire work developed throughout the week. After studying all aspects in our civil societies, it is time for intervention! In this workshop will be presented several examples of how is possible to exercise our duty of citizenship.
Activity	Award ceremony	Participation Certificate presentation, Reveal secret friend of each other; distribute the mailbox;

Sunday 29th March 2009 – Day of departures

08:00 – 09:30: breakfast
 09:30 – Departure