

Via della Giraffa 35 – i 90125 Palermo Tel. +39. 338.1728439 – Fax +39.091.3809987 info@informa-giovani.org pec@pec.informa-giovani.org

**Training Course**: WAFER: Volunteer ACT!

## with the support of



'Youth in Action' Programme

14th - 21th February 2015 Amarante, Portugal

Associazione InformaGiovani was established in 2001. It aims at foster and promote human and civil rights, with focus on right to information and participation; defend social and collective rights; promote local and international volunteering as tools for social inclusion and active citizenship. The association runs activities of information, training and counselling, seminars on EU programmes, on social volunteering and international cooperation, focusing on inclusion and rehabilitation of young people who are or risk experiencing social exclusion. Since 2008 organizes youth exchanges and international workcamps, involving about 250 participants. It is accredited as HSC organization for EVS, member of the Lindh foundation and of the Italian antimafia network "Libera". Since 2009 is leading an informal European network for social volunteering and social inclusion and cooperates with Italian Juvenile Justice System to train youth workers and include young offenders in international activities.

# **Description of project**

The project aims to empower young people and youth workers with skills and knowledge to design, develop and lead volunteer projects focused on active citizenship, from the idea to its implementation to give them active role in society.





"Youth projects for active citizenship" will gather 20 participants from at least 5 countries in Amarante, Portugal, for training of multipliers on youth international and volunteer projects. The aim of the project is to contribute to sustainability and innovation in international youth and volunteer work, by raising skills and capacities of young people to initiate, design and organize specific creative and innovative grass-root projects and activities focused on Active European Citizenship.

The working methods during the training course will be based on informal and non-formal learning, will contribute to personal development of participants, and will create space for grass-root approach, innovation and creativity of participants.

Practical dimension of the training will allow to use skills and knowledge in practice – by developing specific, creative and grass-root ideas and by acting as multipliers in local communities and local organizations.

Participants will also share examples and own volunteering stories, explore cultures and working realities of each other.

## **FINANCIAL CONDITION**

Activity is co-funded by Youth in Action 4.6. Local board and lodging are fully covered. Travel costs are covered up to 50% for each participant, (except Portuguese participants) with a maximum reimbursement of 260 euro per participants (520 maximum ticket).

Travel costs of participants from Portugal as local participants will be not reimbursed.

If the participant is not insured, we will ask an insurance fee of 6 Euro.

Arrival to Porto airport on 14th February must be before 14.00. Departure day is 21th February (anytime)

Travel reimbursement will participants receive **AFTER they provide all documents to InformaGiovani** (originals of all tickets and boarding passes) and will be done by bank transfer. Travel reimbursement take in generaly 1-2 months it depends how fast participants send by post all originals of tickets and boarding passes.

Only the cheapest way of transport will be accepted!

# **IMPORTANT!!!**

In order to be able to get travel reimbursement, you will be kindly asked to keep all the following kind of documents:

- Metro ticket
- Train ticket
- Bus ticket
- Plane ticket
- Boarding passes !!!



(NO TAXI, NO CAR!)

Once in Amarante you will be asked to give to IG Staff all the receipts and to fill the Travel reimbursement form which will be given during training.

At your return back in your country we will kindly ask you **to send by post** as soon as possible the receipts from your journey as without them we will not able to provide you travel reimbursement, especially for what concerns flight reimbursement.

Address where to send originals of all tickets and boarding passes:

Associazione InformaGiovani Via della Giraffa 35 90125 PALERMO ITALY

Travel reimbursement will be made AFTER all documents will be provided to InformaGiovani (original of all tickets and boarding passes) and will be done by bank transfer.

If boarding card will be missing, flight cost won't be reimbursed, so please pay attention to this aspect.

## **ACCOMMODATION and FOOD**

Participants will be accommodated in shared rooms (4 beds each room). The building is equipped with internet connection in the common room and facilities for meeting, restaurant and bar.

Attention food will be vegetarian!

# YOUR EXPECTATIONS AND CONTRIBUTIONS

## What you can expect from the project?

- activities in the project will last 6 hours every day, with breaks for meals and café breaks
- some activities will be with the whole group, for some activities participants will split in smaller group
- language of the training is English
- most of the local people don't speak English

Please, DO NOT EXPECT that the trainers will organize everything for the group, we hope all participants will actively contribute to the project, program activities and positive group atmosphere.

The quality of the project depends very much on YOUR INPUT, IDEAS and INITIATIVE.



# What do we expect from you as participant?

- be motivated and initiative BEFORE, DURING AND AFTER training
- participate in the project from its very first till the very last day
- involved in daily tasks
- help to share responsibility by making suggestions for group activities, discussions, games etc.
- commit to a group experience and to making decisions and solving problems together
- respect the people in the hosting project

#### **HOW TO ARRIVE**

There will be organized pick-up service from Porto airport or train station. The cost is 10 euro per person.

## **WHAT TO BRING**

- Something (music, dances, dresses, food, drinks) for the international evening;
- All you need for hygiene (there will be no shower gel, towel etc. in your room)
- Your bank details (for us to reimburse you)
- If you are from the European Union, don't forget to get the European Sanitary Card that will facilitate your access to the Health System in case of need.

Your enthusiasm and good energy, please!

## **CONTACTS**

Alexandra +39 366 933 9944 a.filcakova@infoma-giovani.org

See you soon!

**IG Team**